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Posttraumatic Stress Symptoms and Access to Services Among Human Rights Advocates: The Mediating Roles of Organizational Encouragement of Support Seeking and Occupation-Related Appraisals

McKenna F. Barnes
Suffolk University

Katie Wightman, Ria Singh-Sawhney, and Margaret L. Satterthwaite
New York University School of Law

Richard A. Bryant
University of New South Wales

Rohini Bagrodia
The New School for Social Research

Sarah Knuckey
Columbia Law School

Adam D. Brown
The New School for Social Research, and New York University School of Medicine

Human rights advocates are routinely exposed to direct and secondary trauma. In addition, a growing body of research has found that trauma exposure in human rights work is associated with depression, anxiety, posttraumatic stress disorder (PTSD), and other mental health issues. This study explores the access to services among human rights advocates and examines how organizational encouragement of support seeking mediates the relationship between occupational appraisals and mental health outcomes.