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<td>Psychological effects caused by the COVID-19 pandemic in health professionals: A systematic review with meta-analysis</td>
<td>da Silva, F.C.T., Neto, M.L.R.</td>
<td>2021</td>
<td>Progress in Neuro-Psychopharmacology and Biological Psychiatry 104,110062</td>
<td>0</td>
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<td>Onset of workplace sexual harassment and subsequent depressive symptoms and incident depressive disorder in the Danish workforce</td>
<td>Rugulies, R., Sørensen, K., Aldrich, P.T., (...), Sørensen, J.K., Madsen, I.E.H.</td>
<td>2020</td>
<td>Journal of Affective Disorders 277, pp. 21-29</td>
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Progress in Neuro-Psychopharmacology and Biological Psychiatry

Psychological effects caused by the COVID-19 pandemic in health professionals: A systematic review with meta-analysis

Flaviana Cristina Trojol da Silva, Modesta lets Reim Neto

Highlights

- During the pandemic, the anxiety and depression scores are significantly higher in the healthcare teams.
- The teams working closer to infected patients showed a higher prevalence of mental disorders.
- Health professionals showed high prevalence of mental disorders.
Psychological effects caused by the COVID-19 pandemic in health professionals: A systematic review with meta-analysis

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ABSTRACT

Background: Psychological suffering by health professionals may be associated with the uncertainty of a safe workplace. Front line professionals exposed and involved in the diagnosis and treatment of COVID-19 patients are more susceptible.

Method: This review was conducted based on papers that were published at MEDLINE, BMJ, Psychnfo, and LILACS, according to the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA).

Results: Health professionals had a higher level of anxiety (13.0 vs. 8.5%, p < 0.01, OR = 1.6152; 95%CI 1.3283 to 1.9441) and depression (12.2 vs. 9.5%, p = 0.04; OR = 1.3246; 95%CI 1.0930 to 1.6053; p = 0.0042), besides somatizations and insomnia compared to professionals from other areas.

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